

Free Hygiene Items Resource List

Berkeley, Dorchester, and Charleston Counties

Smaller and local places are listed first where possible because they may have more flexible or current donation-based supplies. Always call before sending someone, because hygiene items can run out quickly and hours can change.

Copy/Paste Call Script

Hi, I am calling to ask whether you have free hygiene items available right now, such as soap, shampoo, toothpaste, deodorant, feminine hygiene products, diapers, wipes, or laundry detergent. What days and hours can someone come, and do they need ID or proof of address?

Berkeley County

Blessed Hands Food Pantry & Resource Center

Location	931 Old Back River Rd, Goose Creek, SC 29445
Phone	843-764-0793
Days / Hours	Monday-Wednesday, 9:00 AM-1:00 PM
Ask For	Ask about hygiene items, diapers, wipes, pantry help, and current donation-based supplies.

Helping Hands of Goose Creek

Location	104-B Commerce Place, Goose Creek, SC 29445
Phone	843-553-7132
Days / Hours	Monday-Friday, 9:00 AM-11:15 AM; Thursday evening 4:30 PM-6:30 PM
Ask For	Ask about emergency pantry help, toiletries, hygiene items, and any blessing box supplies.

Community Resource Center - Berkeley / Tri-County Service Area

Location	Call for the best pickup/help location. Also serves through Summerville, North Charleston, and Hollywood locations.
Phone	843-499-9498 or 843-530-6473
Days / Hours	Call first. Hours and item availability vary.
Ask For	Ask about hygiene essentials, groceries, clothing, school supplies, and emergency help.

Let Faith Arise

Location	118 US-52, Moncks Corner, SC 29461
Phone	Call/confirm before sending someone. Public phone not clearly verified in the quick list.
Days / Hours	Tuesday, Thursday, Saturday, 9:00 AM-12:00 PM
Ask For	Ask whether hygiene items are available with food pantry assistance that week.

Way of Hope Pentecostal Church Food Distribution

Location	422 Adam St, Moncks Corner, SC 29461
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Phone	Call/confirm before sending someone. Public phone not clearly verified in the quick list.
Days / Hours	Call first. Hours may vary.
Ask For	Ask whether they have toiletries or personal care items available with food distribution.

Dorchester County

Community Resource Center - Summerville

Location	116 W. 2nd North St., Summerville, SC 29483
Phone	843-530-6473 or 843-499-9498
Days / Hours	Call first. Hours and item availability vary.
Ask For	Ask about hygiene essentials, groceries, clothing, school supplies, and emergency assistance.

Summerville Blessing Boxes

Location	Multiple Summerville-area boxes, including Central Ave locations, Sangaree Library area, Marketplace Dr, Waring St, Boone Hill Rd, and others.
Phone	No central phone.
Days / Hours	Outdoor boxes are usually accessible anytime.
Ask For	Check for toiletries, hygiene items, food, and kid items. Stock changes often.

Murray United Methodist Church

Location	1216 Orangeburg Rd, Summerville, SC 29483
Phone	843-875-6520
Days / Hours	Call first.
Ask For	Ask about food pantry help and whether personal toiletries are available.

Summerville Food Bank

Location	Mini Mall Storage, 310 Holiday Dr, Summerville, SC
Phone	843-604-2562
Days / Hours	Scheduled Saturday food giveaways, often 10:00 AM-11:00 AM. Call/check current schedule.
Ask For	Ask whether hygiene items are available that week with food distribution.

Jean's Angels / BOLD Ministry

Location	Summerville area. Mobile/outreach style assistance.
Phone	Contact through local ministry/community page if available. Call/confirm before referring.
Days / Hours	Varies by outreach event.
Ask For	Ask about showers, laundry, hygiene products, clothing/outfits, and meals for unhoused neighbors.

Charleston County

Community Resource Center - North Charleston

Location	3947 & 3963 Whipper Barony Ln, North Charleston, SC 29405
Phone	843-499-9498
Days / Hours	Call first. Hours and item availability vary.
Ask For	Ask about hygiene essentials, groceries, clothing, school supplies, and emergency assistance.

Westminster Presbyterian Food Pantry

Location	1157 Sam Rittenberg Blvd, Charleston, SC 29407
Phone	843-766-8311
Days / Hours	Monday-Friday, 9:00 AM-5:00 PM
Ask For	Ask about toiletries, personal hygiene products, and food pantry help.

Neighborhood House / Our Lady of Mercy Community Outreach

Location	77 America St, Charleston, SC 29403
Phone	843-805-8064 or 843-723-7784
Days / Hours	Monday-Friday, 8:00 AM-4:00 PM
Ask For	Ask about food pantry, clothing closet, hygiene items, and personal care items if available.

Neighbors Together

Location	2105 Cosgrove Ave, North Charleston, SC 29405
Phone	843-747-1788
Days / Hours	Weekdays, 9:00 AM-12:00 PM; hot lunches Monday-Thursday, 10:30 AM-12:30 PM; health/wellness Wednesdays, 10:00 AM-12:00 PM
Ask For	Ask about toiletries, feminine hygiene items, diapers, clothing, groceries, and current availability.

Impact Center / Cathedral

Location	3790 Ashley Phosphate Rd, North Charleston, SC 29418
Phone	854-246-8320
Days / Hours	Call first. Services often listed for Monday, Wednesday, and Friday; some food distributions may be scheduled separately.
Ask For	Ask about food, clothing, furniture, life resources, and whether hygiene items are available that day.

Lowcountry Food Bank Pantry Finder / Referral Help

Location	2864 Azalea Dr, North Charleston, SC 29405
Phone	843-747-8146 ext. 100
Days / Hours	Monday-Friday, 8:00 AM-4:00 PM

Ask For

Ask for the closest pantry with hygiene items, diapers, delivery, or other personal-care supplies. This is best for referrals, not direct emergency pickup.

Notes for Red Bird Use

This is a working referral list. Confirm hours, eligibility, ID requirements, county limits, and stock before sending someone. For urgent hygiene needs, ask directly what they have on hand today, not just what services they usually provide.